



Catholic Charities Diocese of Fresno

CalFresh Healthy Living Program

Our Mission

Catholic Charities Diocese of Fresno (CCDOF) serves the needs of those in crisis, providing food, clothing, and other basic necessities. Families who are experiencing difficulties come to CCDOF to benefit from the following services:

- Food Assistance
- Senior Companionship
- Immigration Services
- Disaster Relief Case Management
- Clothing and Thrift Store
- Payee, rent/mortgage, and utility assistance

Where We Work



Serving
Fresno
County



Salvador "Sal" Macias
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559-237-0851 x1111



Nutrition Education

CCDOF's CalFresh Healthy Living (CFHL) program better the lives of others through nutrition and physical education. CFHL efforts promote:

- Increasing consumption of fruits, vegetables, and whole grains
- Decreasing consumption of sugar-sweetened beverages
- Increasing the consumption of water
- Increasing physical activity
- Food resource management and budgeting
- Making healthy choices on a budget

Policy, System & Environmental Changes

Comprehensive work includes policy, systems, and environmental strategies to make it easier for community members to practice healthy eating and active living. Through partnerships and collaboration, CCDOF participates in the following obesity prevention strategies that reach 20,366 low-income individuals:

- Healthy Pantry Projects
- Nutrition Standards
- Healthy vending
- Access to Physical Activity

CCDOF recruited 14 partners to assist in the implementation of these strategies.

- CITY AND REGIONAL PLANNING GROUPS
- FAITH-BASED GROUPS
- FOOD BANKS AND FOOD PANTRIES
- HUMAN SERVICES ORGANIZATIONS
- SCHOOLS (COLLEGES AND UNIVERSITIES)

Partnerships

Community partnerships and leveraged resources offered assistance in the form of materials, space, human resources, training, technical assistance and program implementation. Strong community connections will ensure that impactful work will be sustained and expanded to reach more people.

